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This course changed my life... - Parent Project Mom

> I recommend it to any parent with an adolescent child...

- Police Officer

It helped me save my relationship with my son... - Parent Project Dad

### CONTACT US

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Wood County ADAAMHS Promoting Community Wellbeing Alcohol, Drug Addiction and Mental Health Services Board



THE DARENT PARENT DROJECT. Changing Negative Adolescent Behaviors

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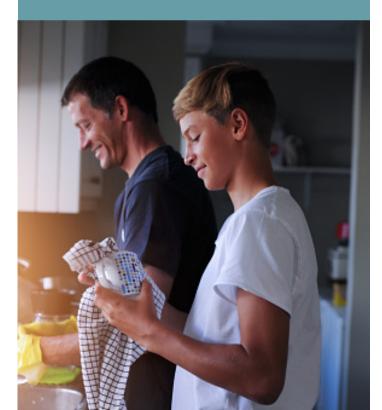
# ABOUT THE PARENT PROJECT

- The Parent Project provides activity-based instruction, support groups, and curriculum addressing the most destructive of adolescent behavior.
- With a nationwide proven track record, the Parent
  Project reduced juvenile crime by one third, while significantly improving both school attendance and performance in one community.

The program utilizes behavior modification approaches. Parents who have completed the course show success in dealing with children. The Parent Project will help you accomplish these goals!

#### HOW DOES IT WORK

- Helps parents demonstrate their love for their children
- Learn to parent without arguing with your strong-willed child!
- Teaches intervention/prevention strategies for school attendance and performance, drug and alcohol use, negative peer association, violence, and bullying
- Improves parent/child relationship
- Offers ongoing emotional and practical support for the family



# PARENT PROJECT OF WOOD COUNTY

Share with other parents who are facing similar challenges! You are not alone.

Parents participate and learn in a classroom model to manage teen behavior problems at home.

Parents receive and practice with an activity-based 218-page curriculum.

Offered various locations around Wood County each year:

- 10 week sessions typically beginning the first week of September and the first week of March.
- Cost is \$20.00. A refund is available if you attend all scheduled sessions.
- Parents meet one night per week. Each session lasts an average of 2 hours.